

GRAND RIVER AREA YMCA IDDY BIDDY BASKETBALL



COACH EXPECTATIONS

A. Specifics About Your Sport

- **Sign up for the REMIND APP** so that all communication is directly shared with all coaches. This is mandatory for coaches. To sign up, text @grysports2 to 81010.
- **Call/text your team** immediately to make sure the players and parents know how to contact you. Share with them your cell phone number and/or email, etc.
- **Practices** - Iddy Bidy will only practice on game days. You may have one short coach meet and greet prior to the first game day.
- **Read your rules carefully** – especially those designed for your age level.
- **Support the officials** – Please keep in mind that RESPECT and CARING are both values of the YMCA. Berating officials by coaches will not be tolerated by YMCA staff.
- **Be a positive role model.** Coaches are responsible for their own behavior and the behavior of their fans. Put the game in perspective (FUN), then you can relax more.
- **Our YMCA philosophy** is to give players equal playing time. The Y will provide a substitution chart to guarantee equal playing time.
- Iddy Bidy Specifications: Goal Height -7 foot / Court Size - Short Courts
- Ball Size: 25.5 in. Junior Basketball

B. Parents/Meeting

*We are depending on you to share this information with your parents.

PLEASE schedule a short meeting at your first practice to go over pertinent information!

- **Introduce yourself** and any other coaches that will be working with the players.
- **Discuss the important rules** for your level of play so that all parents understand what to expect. This will help greatly before any gameday situations arise.
- **Game behavior** – Stress sportsmanship for all people involved.
- **Establish a call list** for parents to pass along information/cancellations.
- **Develop a treat list** – Parents may bring treats for after the game to hand out.
- **Handout to parents** – Have an information page of everything discussed so that even parents not attending will have a copy. Include all important phone numbers.

C. Gameday Practices

- Things to work on:
 - Man-to-Man Defense
 - Correct shooting techniques
 - Rules (define traveling, double dribbling, etc.)
 - Jump Shots
 - Jump Stops
 - Lay-ups

CANCELLATIONS:

Coaches will be notified of cancellations and will be expected to immediately share that information with all parents.

(Make-up date will be added to end of season calendar.)

D. At The YMCA

- Please be sure your team disposes of all trash after their games.
- Only water or Gatorade are allowed in gyms for participants.
- Please encourage children to respect private property.
- DO NOT throw balls, dribble balls, or shoot baskets while games are going on.

E. Officials

- YMCA officials have jurisdiction from the beginning until the end of the game. Their decisions are final. If you have any concerns, you may speak to the Site Supervisor respectfully to resolve the issue.
- Officials may caution or eject a player/coach/fan for unsportsmanlike conduct.
- Officials may terminate a game if it becomes out of control by all involved.
- The YMCA will not tolerate any abuse toward officials. Discuss problems or questions with the Sports Director.

Cell Phone: 660-973-167

Email: programs@grandriverymca.org

IDDY BIDDY Playing Rules:

A. PRACTICES

- Practice will be the 15 minutes BEFORE each game. (Example – if you are scheduled at 9:00, your team will practice from 9:00-9:15, then play from 9:15-10:00.)
- Each coach will give instruction to their team. Having parent volunteers is highly encouraged to help at this age!

B. GAMES

- (4) Quarters of 6 minutes each. Subs at each 3:00 mark of the quarter. No TO.
- Teams will play **4 on 4 ONLY!** (This is to open the court up and allow players more movement!)
- Colored wrist bands will be used to match up with opponents. Only Man-to-Man.
- No score will be kept during the games.
- No fouls will be recorded. Fouls will result in team taking ball out of bounds. Any player fouling too much will be substituted by coach or official to be corrected.
- Teach rules on double dribbling and traveling. **HELP THEM LEARN!**
- Officials are mainly for instruction and to assist coaches. Minimal calls will be made at this level. They are to help teach the game.
- Each court should have at minimum: 1 official and 1 coach from each team at all times.

C. RULES ENFORCED:

- The offensive team must make one pass before a shot can be attempted. (Two-Touch Rule)
- Stealing dribbles is not allowed. They may, however, intercept a pass. ***new***
- No blocking shots – Players must have arms straight up and not leave feet.