

GRAND RIVER AREA YMCA

1st and 2nd Grade BASKETBALL



COACH EXPECTATIONS

A. Specifics About Your Sport

- **Sign up for the REMIND APP** so that all communication is directly shared with all coaches. This is mandatory for coaches. To sign up, text @grysports2 to 81010.
- **Call/text your team** immediately to make sure the players and parents know how to contact you. Share with them your cell phone number and/or email, etc.
- **Determine a practice time for the season.** Coaches can sign up for practices at the YMCA Welcome Center. Teams are allowed 2 one-hour practices per week before games start and 1 practice per week after games start.
- **Read your rules carefully** – especially those designed for your age level.
- **Support the officials** – Please keep in mind that RESPECT and CARING are both values of the YMCA. Berating officials by coaches will not be tolerated by YMCA staff.
- **Be a positive role model.** Coaches are responsible for their own behavior and the behavior of their fans. Put the game in perspective (FUN), then you can relax more.
- **Our YMCA philosophy** is to give players equal playing time. The Y will provide a substitution chart to guarantee equal playing time.
- **1st and 2nd Grade Specifications:** Goal Height -7 foot / Court Size - Short Courts
- Ball Size: 27.5 in. Basketball

B. Parents/Meeting

*We are depending on you to share this information with your parents.

PLEASE schedule a short meeting at your first practice to go over pertinent information!

- **Introduce yourself** and any other coaches that will be working with the players.
- **Discuss the important rules** for your level of play so that all parents understand what to expect. This will help greatly before any gameday situations arise.
- **Game behavior** – Stress sportsmanship for all people involved.
- **Establish a call list** for parents to pass along information/cancellations.
- **Develop a treat list** – Parents may bring treats for after the game to hand out.
- **Handout to parents** – Have an information page of everything discussed so that even parents not attending will have a copy. Include all important phone numbers.

C. Practices

- Things to work on at this age:
 - Man-to-Man Defense
 - Correct shooting techniques
 - Rules (define traveling, double dribbling, etc.)
 - Jump Shots
 - Jump Stops
 - Lay-ups

CANCELLATIONS:

Coaches will be notified of cancellations and will be expected to immediately share that information with all parents.

(Make-up date will be added to end of season calendar.)

D. At The YMCA

- Please be sure your team disposes of all trash after their games.
- Only water or Gatorade are allowed in gyms for participants.
- Please encourage children to respect private property.
- DO NOT throw balls, dribble balls, or shoot baskets while games are going on.

E. Officials

- YMCA officials have jurisdiction from the beginning until the end of the game. Their decisions are final. If you have any concerns, you may speak to the Site Supervisor respectfully to resolve the issue.
- Officials may caution or eject a player/coach/fan for unsportsmanlike conduct.
- Officials may terminate a game if it becomes out of control by all involved.
- The YMCA will not tolerate any abuse toward officials. Discuss problems or questions with the Sports Director.

Cell Phone: 660-973-167

Email: programs@grandriverymca.org

IDDY BIDDY Playing Rules:

A. GAMES

- (4) Quarters of 8 minutes each. Subs at each 4:00 mark of the quarter. No TO.
- Teams will play **4 on 4 ONLY!** (This is to open the court up and allow players more movement!)
- Colored wrist bands will be used to match up with opponents. Only Man-to-Man.
- No score will be kept during the games.
- No fouls will be recorded. Fouls will result in team taking ball out of bounds. Any player fouling too much will be substituted by coach or official to be corrected.
- Teach rules on double dribbling and traveling. **HELP THEM LEARN!**
- Officials are mainly for instruction and to assist coaches. Minimal calls will be made at this level. No :03 or :05 sec violations will be called. They will be lenient with double dribbles and traveling. Coaches may sub at ANY time to correct violations!
- Officials will alternate possession on all "jump balls", subs, and quarters.
- Coaches are free to roam their sideline from halfcourt to the baseline. Teams **WILL** switch baskets at halftime. (Your team should shoot on opposite end of your bench in 1st half.)

B. RULES ENFORCED:

- Once past halfcourt, the offensive team must make at least one pass before a shot can be attempted. (Two-Touch Rule)
- Stealing dribbles is not allowed. They may, however, intercept a pass. ***new***
- No blocking shots – Players must have arms straight up and their feet cannot leave the ground.
- Defense may only pick up their man on defensive side of court. NO PRESSING.
- Unsportsmanlike Conduct by players, coaches, and spectators. (see separate policy)

REMINDER: This is a RECREATIONAL LEAGUE. The purpose is to begin teaching fundamentals of basketball. Coaches and parents are asked to help with teaching those skills in an encouraging and respectful manner, while representing an example of exceptional sportsmanship towards YMCA staff, officials, coaches, and other players.