



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DANCE YOUR HEART OUT

GRAND RIVER AREA FAMILY YMCA Dance Schedule Fall III: November 11 - December 21 (6 Weeks)

All classes are instructor led in a fun, encouraging environment. Girls will learn the fundamentals of dance, body movement control, and rhythm and music awareness. Students should wear comfortable athletic clothing. Shoes are not required, but ballet flats may be worn.

Beginner Classes

4 - 6 Years (45 min.)

Saturday

9:00 - 9:45 am

Fee: \$45 Members / \$67.50 Program Participants

7 - 9 Years (1 hour)

Monday

**4:00 - 5:00 pm
6:30 - 7:30 pm**

Fee: \$45 Members / \$67.50 Program Participants

Dress Code:

Students should wear comfortable, athletic clothing. Shoes are not required, but ballet flats may be worn.